

STATE BOARD OF EDUCATION
Action Item
February 20, 2026

SUBJECT: Approval of New Rule 6A-1.0455, Middle School and High School Start Times

PROPOSED BOARD ACTION

For Approval

AUTHORITY FOR STATE BOARD ACTION

Section 1001.42(4)(f), Florida Statutes

EXECUTIVE SUMMARY

In 2023, section 1001.42(4), Florida Statutes, was changed to require new school start times for middle and high school for the 2026-27 school year. In 2025, the law was changed by Senate Bill 296 to provide a way for school districts and charter school governing boards to be deemed in compliance without meeting the specific start times in law. Interested districts and governing boards must submit a report to the Department by June 1, 2026, in a format prescribed by the Department. This new rule will prescribe the format of the report.

Supporting Documentation Included: Proposed Rule 6A-1.0455, F.A.C.

Facilitator/Presenter: Dr. Paul O. Burns, Senior Chancellor