



Florida-Specific Youth Survey

2022-2023 & 2024-2025

Executive Summary:

The Florida-Specific Youth Survey (FSYS) is aligned to required instruction for Health Education, pursuant to 1003.42(2), Florida Statutes, and Rule 6A-1.094124, Florida Administrative Code (F.A.C.), Required Instruction Planning and Reporting, including Resiliency Education, Civic and Character Education and Life Skills Education, which will inform enhanced alignment of services, support and instruction to better meet the needs of our students.

The FSYS has two sections: (a) Resilience and (b) Health Behavior. The Health Behavior Section of the FSYS outlines the data collected from a sample Florida high school students during spring of the 2022-2023 school year (n = 2,787) and the spring of the 2024-2025 school year (n = 4,208).

The Health Behavior Section is separated into 10 domains: Injury Prevention and Safety, Internet Safety, Nutrition, Personal Health, Prevention and Control of Disease, Substance Use and Abuse, Child Trafficking Prevention Education, Teen Dating Violence and Abuse, Sexual Abstinence and Resiliency Education.

Across all domains, some items from the 2023 FSYS administration were modified for the 2025 FSYS administration. Thus, some comparisons across administrations may have been impacted. Subsequent administration of the FSYS will provide additional trend data.

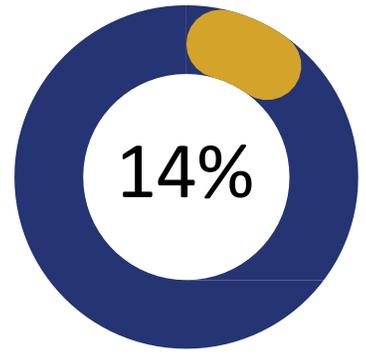
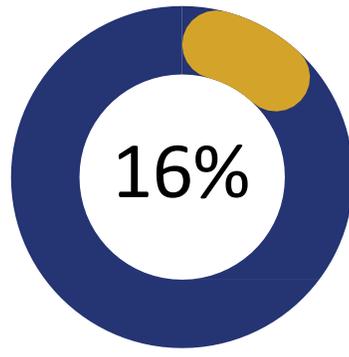
Injury Prevention and Safety

(Section 1003.42(2), F.S.)

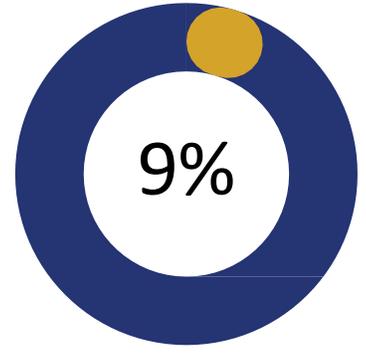
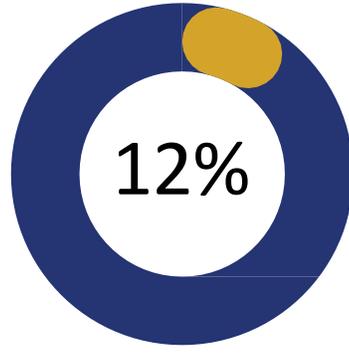
FSYS 2023

FSYS 2025

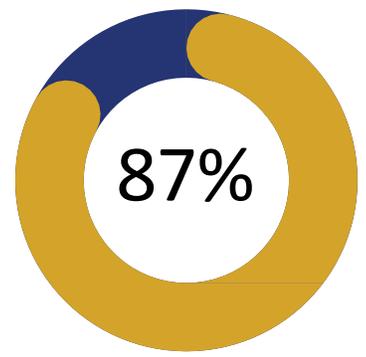
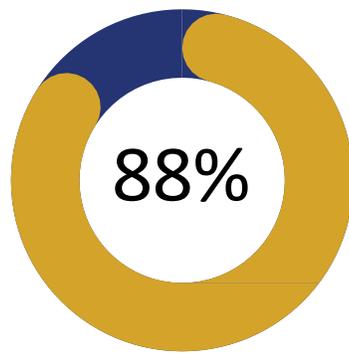
Percentage of students who **reported being bullied**



Percentage of students who **reported being cyber-bullied**



Percentage of students who can **identify signs of cyber-bullying**



Injury Prevention and Safety

(Section 1003.42(2), F.S.)

Percentage of students who **always wear a seat belt**

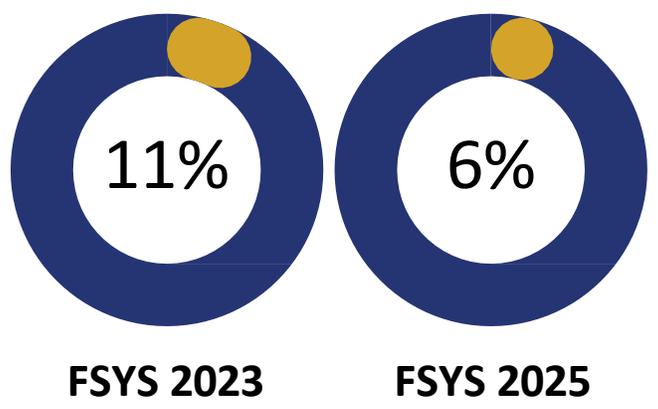
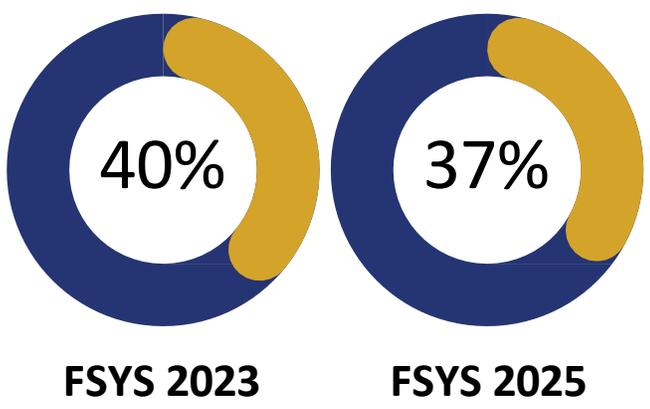


During the last 30 days

**Only includes students who indicated driving a car within the last 30 days.*

Percentage of students who
reported
texting while driving*

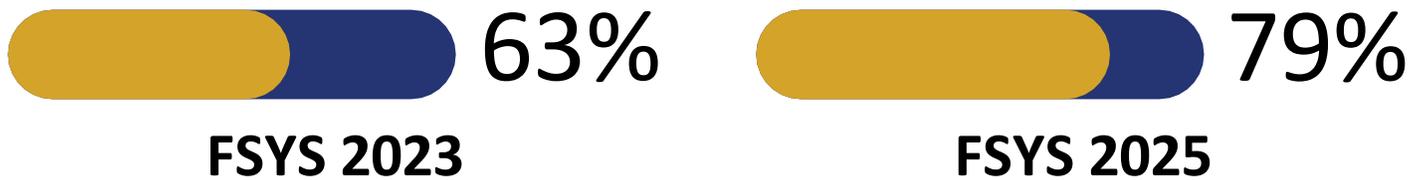
Percentage of students who
reported
drinking while driving*



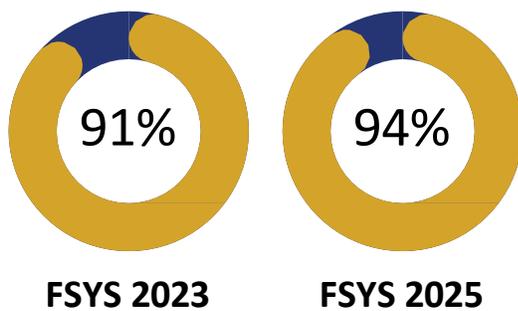
Internet Safety

(Section 1003.42(2), F.S.)

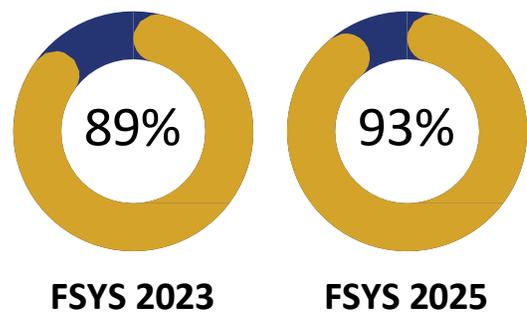
Percentage of students who reported they are
often or almost always on social media



Percentage of students who are
aware of the risks
of meeting with someone in person
that they have met online



Percentage of students who can
report unwanted messages
from unknown senders



Percentage of students
who **never respond**
to messages from
unknown senders



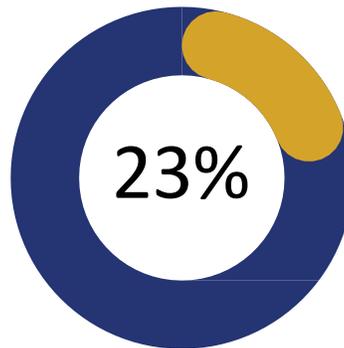
Nutrition

(Section 1003.42(2), F.S.)

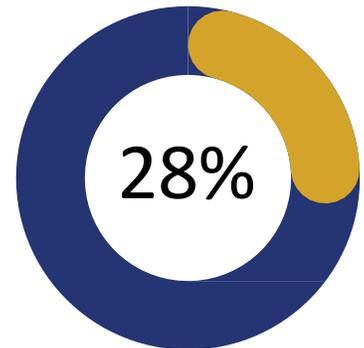
During the last 7 days

Percentage of students who **almost always consumed healthy foods**

FSYS 2023

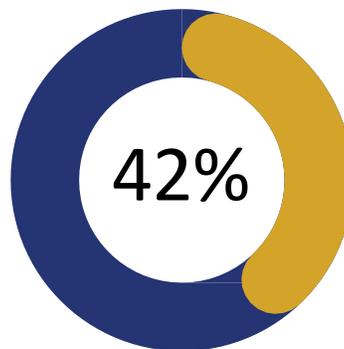


FSYS 2025

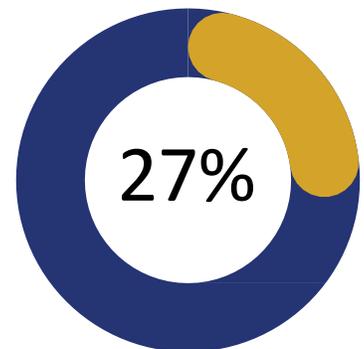


Percentage of students who **almost always ate breakfast**

FSYS 2023



FSYS 2025



Personal Health

(Section 1003.42(2), F.S.)

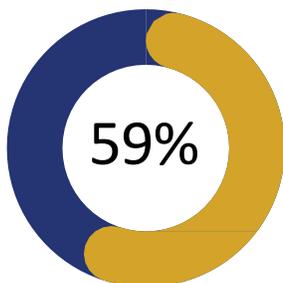
Percentage of students who visited a dentist
during the past 12 months



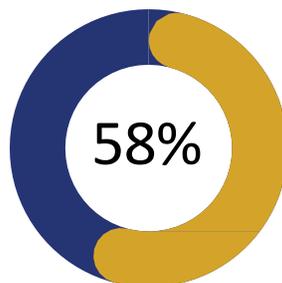
Percentage of students who
were physically active*
4 or more days
during the last 7 days

**for at least 60 minutes per day*

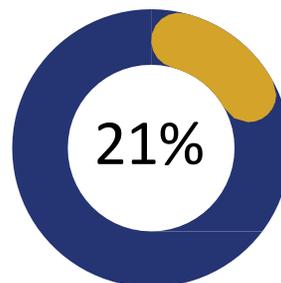
Percentage of students who
engaged in
8 or more hours of sleep
on an average school night



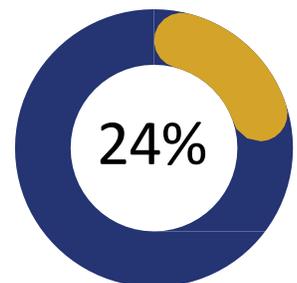
FSYS 2023



FSYS 2025



FSYS 2023

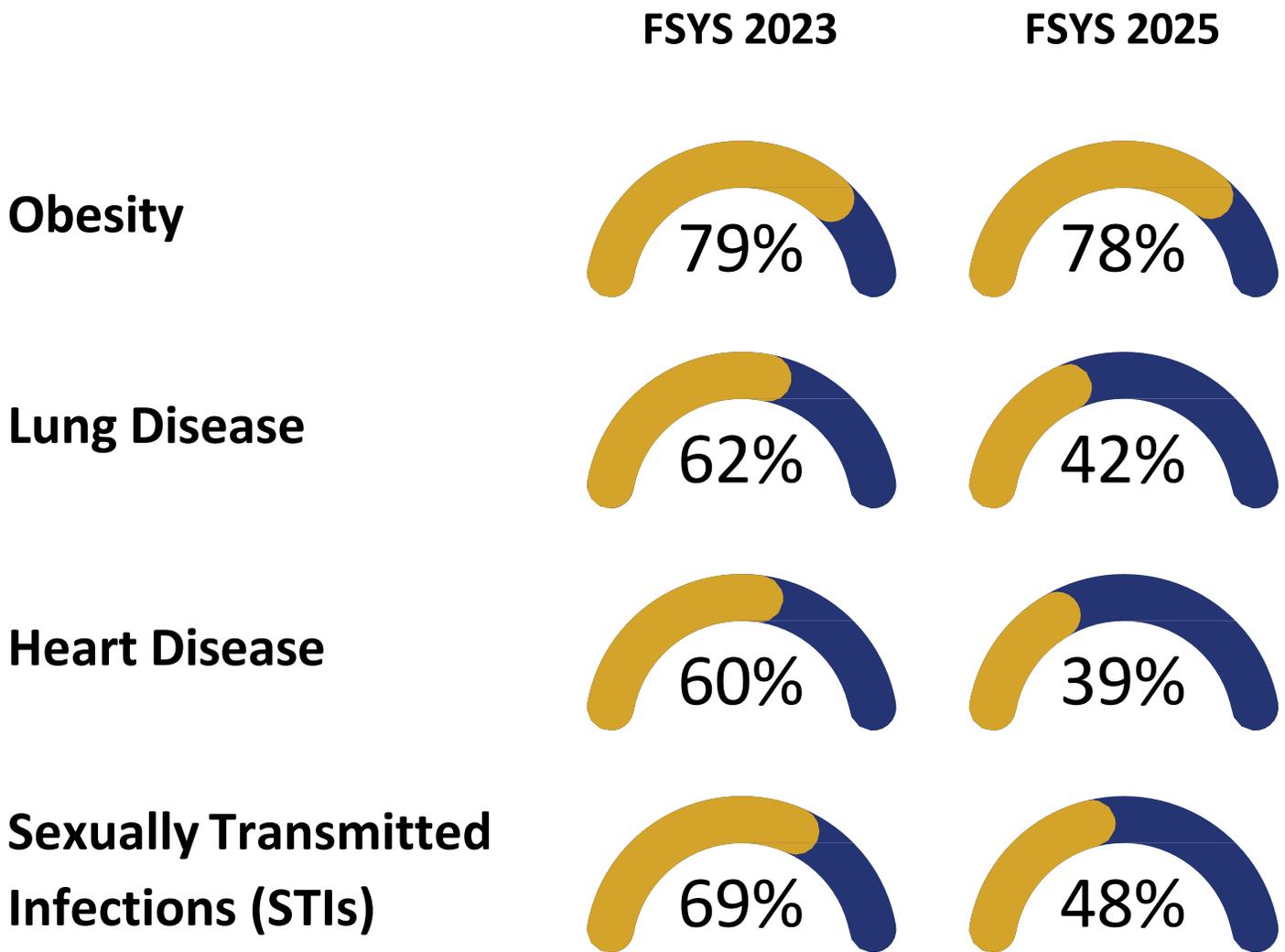


FSYS 2025

Prevention and Control of Disease

(Section 1003.42(2), F.S.)

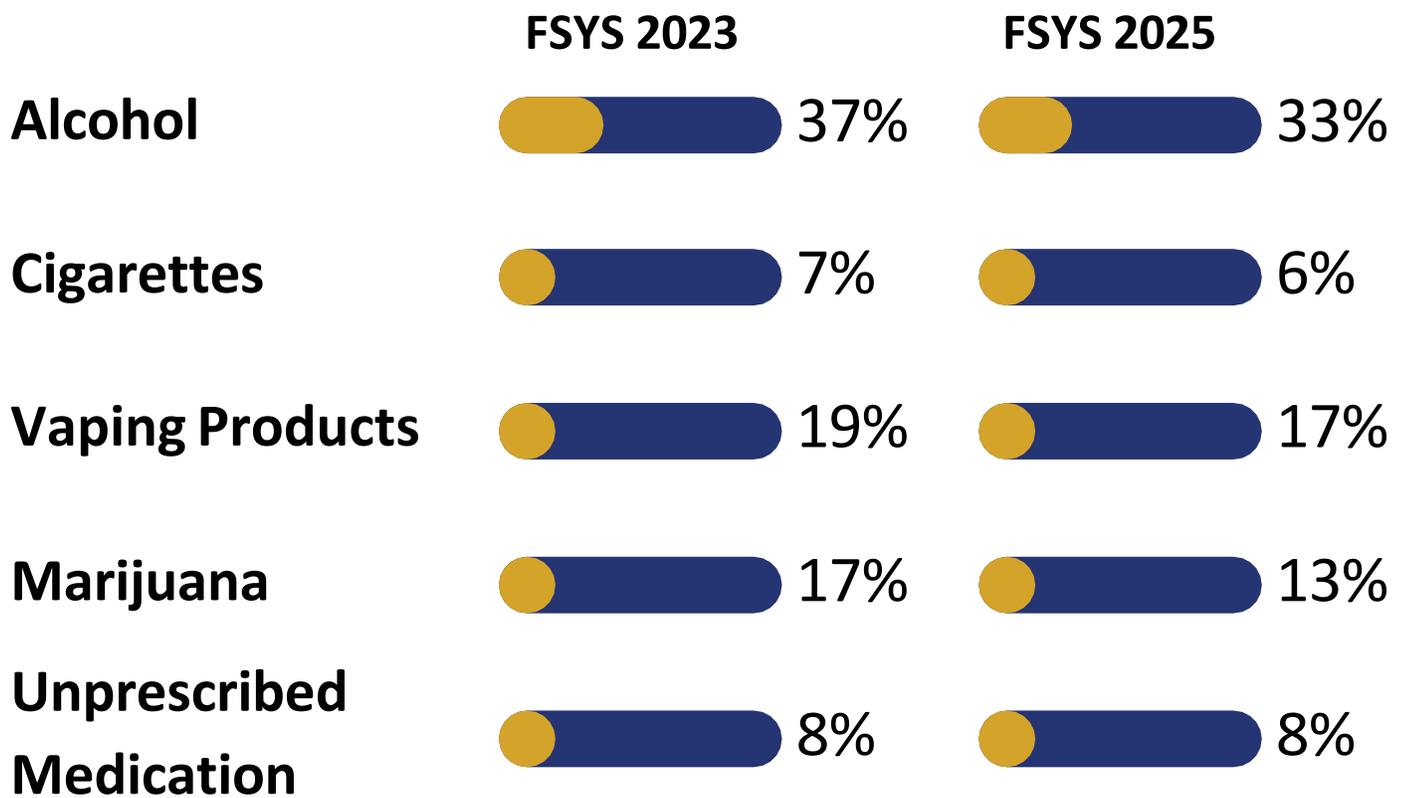
The percentage of students who
can identify the signs and symptoms
of the following diseases:



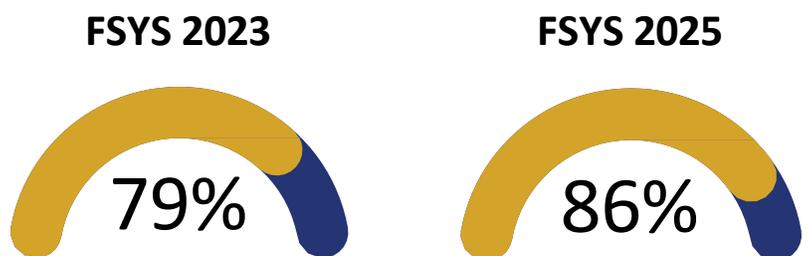
Substance Use and Abuse

(Section 1003.42(2), F.S.)

The percentage of students who **have ever** consumed the following substances:



Percentage of students who are **aware of the supports and resources** available to them if they have a problem with substance use or abuse



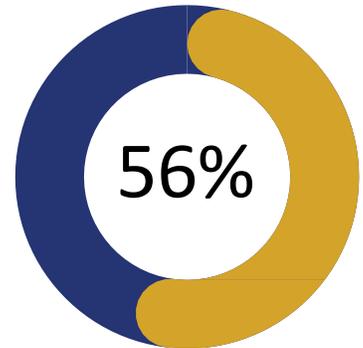
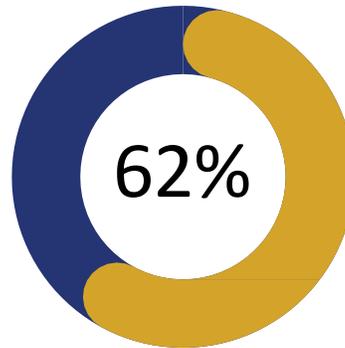
Child Trafficking Prevention Education

(Section 1003.42(2), F.S.)

FSYS 2023

FSYS 2025

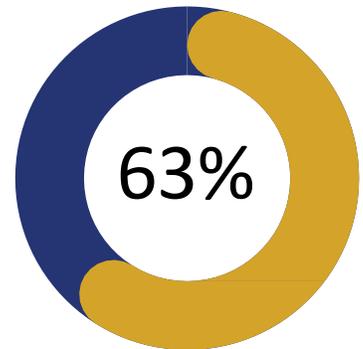
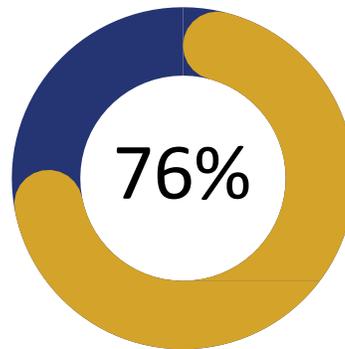
Percentage of students who can **identify** the signs of human trafficking



FSYS 2023

FSYS 2025

Percentage of students who know how to **report** the signs of human trafficking



Teen Dating Violence and Abuse

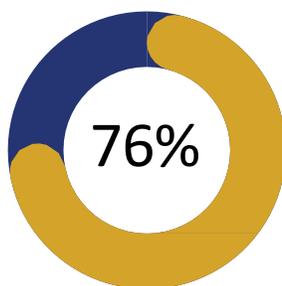
(Section 1003.42(2), F.S.)

Percentage of students who
have been a victim of teen dating violence

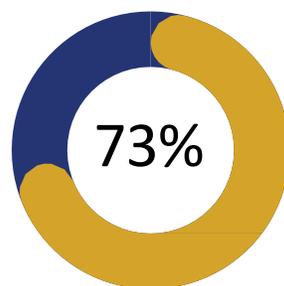


Percentage of students who
can **identify** teen
dating violence and abuse

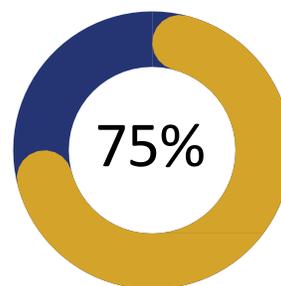
Percentage of students who
know how to **report** teen
dating violence and abuse



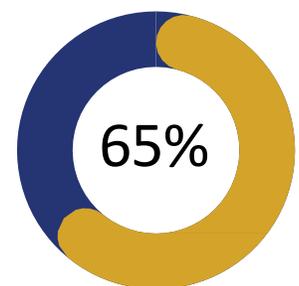
FSYS 2023



FSYS 2025



FSYS 2023



FSYS 2025

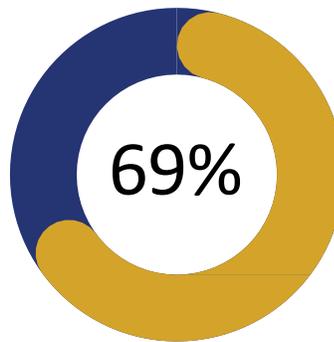


Sexual Abstinence

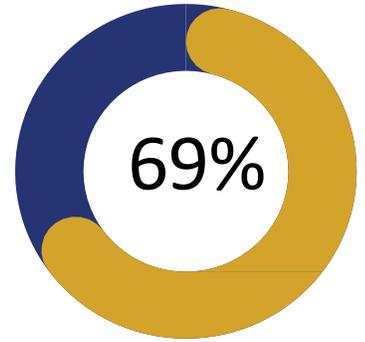
(Section 1003.42(2), F.S.)

Percentage of students who are **aware of the benefits** of abstinence from sexual activity

FSYS 2023

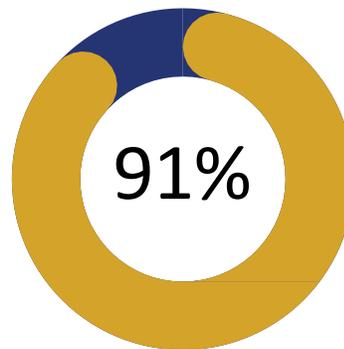


FSYS 2025

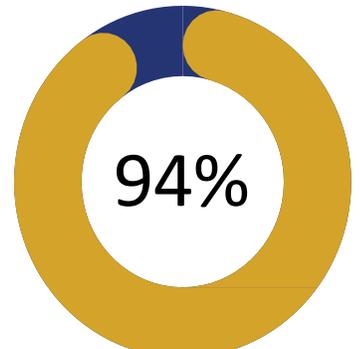


Percentage of students who are **aware of the consequences** of teen pregnancy

FSYS 2023



FSYS 2025





Resiliency Education

(Section 1003.42(2), F.S.)

During the current school year

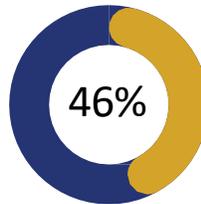
Percentage of students who **almost always** felt the symptoms of stress, anxiety or depression



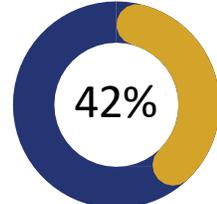
Percentage of students who had **feelings of sadness, hopelessness, loneliness, nervousness, worry, or being afraid** that stopped them from doing some usual activities*

*Graph only includes students who indicated some level of symptoms of stress, anxiety or depression

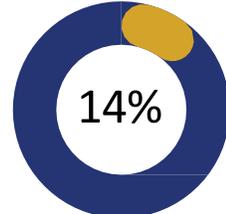
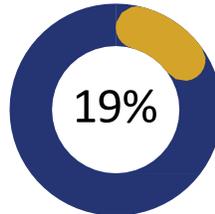
FSYS 2023



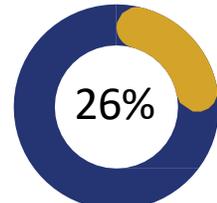
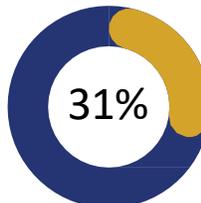
FSYS 2025



Percentage of students who **seriously considered harming themselves**



Percentage of students who **sought out support or resources** when they had a mental health challenge or concern



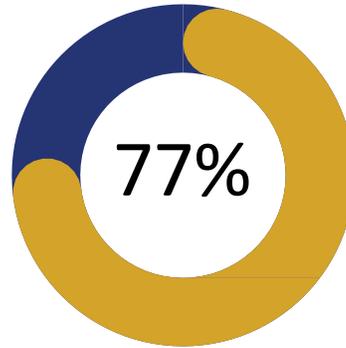


Resiliency Education

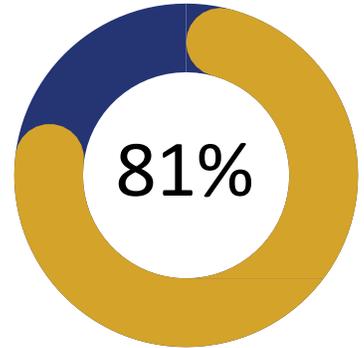
(Section 1003.42(2), F.S.)

Percentage of students who have a **trusted adult** in their life to turn to for support/advice

FSYS 2023

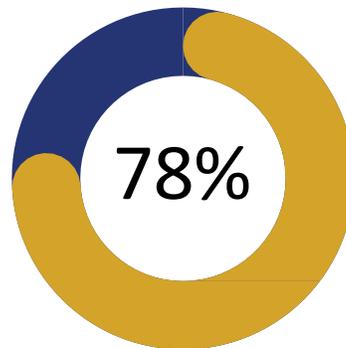


FSYS 2025



Percentage of students who are **aware of resources** if they had a mental health challenge or concern

FSYS 2023



FSYS 2025

