

## **BUREAU OF EXCEPTIONAL STUDENT EDUCATION**

JUNE 18, 2021

## **Weekly Memo**

#### **Action Items**

#### **Updated Matrix of Services Form**

The Matrix of Services Form was recently updated and reflects the following revision to the data entry codes:

A new area was created to group related services including language therapy (code X), occupational therapy (code D), physical therapy (code E) and speech therapy (code Y). To view the new Matrix of Services Form, see the attached document.

Filename: Matrix of Services Form 2021

#### **Uplift: A Virtual Summit for Students**

The Multiagency Network for Students with Emotional/Behavioral Disabilities (SEDNET) Administration Discretionary Project is looking for 70 students between the ages of 14 and 19 to attend Uplift: A Virtual Summit for Students by Youth Era on July 19-23, 2021, from noon to 4 pm each day. There is no cost for students to participate, as the SEDNET Administration Discretionary Project will be providing the funding for students to attend. Uplift by Youth Era is a trauma-informed, strengths-based virtual summit for students to discover the driving forces and strategies behind actions and behaviors. Uplift teaches skills from the best of the best in rapid rapport building, communication, social alignment, mental wellness and peer support. This fiveday virtual summit helps students learn how to overcome challenges, help their peers, and learn about unique engagement styles through real-time practice and feedback to take one's peer support skills to the next level. Your assistance is needed in identifying a few students in your district to travel virtually across the country to attend this live 360-degree virtual summit. To be a participant, the student must participate in the entire summit; the student's legal guardian must provide consent if the student is under 18; the student must express a need to help others in some way; and the student cannot be in mental health crisis at the time. Students will also have an opportunity to earn a variety of giveaways throughout the week and enter in a drawing to win a grand prize of a PS5, a second prize of \$250 or a third prize of a tablet. For more information, see the attached documents. To register, go to <a href="https://www.upliftpeers.com/apply">https://www.upliftpeers.com/apply</a>. For additional information or questions, contact Dr. Charlene Grecsek, executive director, SEDNET/Youth Mental Health Awareness Training, at cgrecsek@usf.edu.

- Filename: UPLIFT A Virtual Summit for Students 2021
- Filename: UPLIFT Flyer July 19-23, 2021

## **Informational Items**

#### 2021 Florida College System Financial Incentive Enrollment Campaign

The Florida Department of Education has issued the following memorandum regarding the 2021 Florida College System Financial Incentive Enrollment Campaign. To view the memorandum, go to <a href="https://info.fldoe.org/docushare/dsweb/Get/Document-9184/dps-2021-94.pdf">https://info.fldoe.org/docushare/dsweb/Get/Document-9184/dps-2021-94.pdf</a>.

Victoria Gaitanis Bureau Chief



## **Matrix of Services**

For funding under the Florida Education Finance Program

| Total of Ratings: |  |
|-------------------|--|
| Cost Factor:      |  |

| District:                           | Areas of Eligibility   | Data          |
|-------------------------------------|--|---------------|
| Date Completed:                     | (Put a "P" next to the primary exceptionality. Check all others that apply.) | Entry<br>Code |
| Student Name:                       | Autism Spectrum Disorder   |               |
|                                     | Deal-of-fratu-of-freamig   |               |
| Student ID:                         | Developmental-Delay (Age. 0-3) Dual Sensory Impairment                       |               |
|                                     | Emotional or Behavioral Disability   |               |
| Date of Birth: Grade:               |  |               |
| Sact of Birth.                      |  |               |
| School:                             |  |               |
|                                     | Intellectual Disability  |               |
|                                     | Language Impairment  |               |
| Names of Persons Completing Matrix: | Orthopedic Impairment  |               |
|                                     | Other Health Impairment  |               |
|                                     | Specific Learning Disability   |               |
|                                     | Speech Impairment  |               |
|                                     | Traumatic Brain Injury   |               |
|                                     | Visual Impairment  |               |
|                                     | Areas of Related Service   |               |
|                                     | Language Therapy   | X             |
|                                     | Occupational Therapy   |               |
|                                     | Physical Therapy   |               |
|                                     | Speech Therapy   |               |

#### Instructions

- 1. Check services or supports to be provided by school district to student in Domains A through E.
- 2. Mark appropriate level (1 through 5) for each domain and record level at bottom of each domain.
- 3. Check applicable special considerations, if any, and record total special considerations rating.
- 4. Total the five domain ratings, sum the total of domain ratings and special considerations rating, and record total in box at top of this page.
- 5. Determine cost factor using cost factor scale on the final page and record it in box at top of this page.

(Note: For more information, see the Matrix of Services Handbook.)

#### Matrix Reviews after Interim IEP Meetings

Record interim reviews below if (1) there is no change in services and (2) the matrix is less than three years old.

| Review Date | Reviewer's Initials |
|-------------|---------------------|
| Review Date | Reviewer's Initials |
| Review Date | Reviewer's Initials |

# <sup>∞</sup> Matrix of Services

## Domain A—Curriculum and Learning Environment

| Level 1   | Requires no services or assistance beyond that which is normally available to all students   |  |  |  |
|---|--|--|--|--|
| Level 2   | Accommodations or supports to the general curriculum Curriculum compacting Differentiated instruction Electronic tools used independently Accessible instructional materials Accommodations on assessment or accessible assessment materials Assistance with note taking and studying Referrals to agencies Consultation on a monthly basis with teachers, family, agencies or other providers   |  |  |  |
| Level 3 Requires a differentiated curriculum or extensive use of accommodations   | Differentiated curriculum Electronic tools and assistive technology used with assistance Alternative textbooks, materials, assessments, assignments or equipment Special assistance in general education class requiring weekly consultation Assistance for some learning activities in the general education setting Direct, specialized instruction for some learning activities Weekly collaboration with family, agencies or other providers |  |  |  |
| Level 4 Requires specialized instruction, modified curriculum, extensive modification to the learning environment or assistive technology used with supervision | Extensive creation of special materials Direct, specialized instruction or curriculum for the majority of learning activities Instruction delivered within the community Assistance for the majority of learning activities Assistive technology used with supervision for the majority of learning activities   |  |  |  |
| Level 5 Requires modified curriculum and substantial modifications to the learning environment  | Instruction in reading brailleIntensive curriculum or instructional approach for the majority of learning activitiesInstruction at home, hospital or other specified settingsOngoing, continuous assistance for participation in learning activities   |  |  |  |

| Domain B—Social or Emotional Behavior                                  |   |  |  |  |
|--|---|--|--|--|
| Level 1  | Requires no services or assistance beyond that which is normally available to all students  |  |  |  |
| Level 2 Requires periodic assistance or behavior supports              | Consultation on a monthly basis with teachers, family, agencies or other providers Specialized instruction or activities in self-advocacy and understanding of exceptionality Behavior management system in general class Monthly counseling or guidance Monthly assessment of behavior or social skills  |  |  |  |
| Level 3 Requires weekly personal assistance or behavioral intervention | Small-group instruction in social skills, self-regulatory behavior, self-advocacy, conflict resolution, dealing with authority, and socialization Weekly counseling or guidance Behavior contract, including behavior outside the classroom Weekly family counseling, assessment or interventions Referral and follow-up for transitions to and from community-based programs Weekly assessment of behavior as part of behavioral intervention plan Weekly collaboration with teachers, family, agencies or other providers |  |  |  |
| Level 4  | Highly structured, individualized behavioral intervention plan infused throughout the school day     Daily counseling or specific instruction on social or emotional behavior     Daily reports to family, agencies or other providers  |  |  |  |
| Level 5  | Intensive, individualized behavior management plan that requires very-small-group or one-on-one interventionTherapeutic treatment infused throughout the educational programWraparound services for up to 24-hour care  |  |  |  |

Student Name:\_\_\_\_

Domain A Rating:\_\_\_\_\_

Domain B Rating:\_\_\_\_\_

# **Matrix of Services**

### Domain C—Independent Functioning

| Level 1 🗆  | Requires no services or assistance beyond that which is normally available to all students   |
|--|--|
| Level 2  | Monthly personal assistance with materials or equipment Consultation on a monthly basis with teachers, family, therapists, service coordinator or other providers Organizational strategies or supports for independent functioning Special equipment, furniture, strategies or supports for motor control in the classroom  |
| Level 3  Requires weekly personal assistance, monitoring or intervention | Specially designed organizational strategies or supports for independent functioning Supervision to ensure physical safety during some daily activities Weekly instruction in self-monitoring of independent living skills Weekly monitoring of or assistance with independent living skills, materials or equipment Weekly collaboration with teachers, family, agencies or other providers     |
| Level 4  | Supervision to ensure physical safety during the majority of activities Individual assistance or supervision in activities of daily living, self-care and self-management for part of the day Special equipment or assistive technology for personal care with frequent assistance Regularly scheduled occupational therapy, physical therapy, or orientation and mobility training              |
| Level 5  | Continuous supervision to ensure physical safety Individual assistance or supervision in activities of daily living, self-care and self-management for the majority of the day Occupational therapy, physical therapy, or orientation and mobility training more than once a week Multiple therapies and services (physical therapy, occupational therapy, or orientation and mobility training) |

Student Name:\_\_\_\_\_

#### Domain D—Health Care

| Level 1 📮  | normally available to all students   |
|--|--|
| Level 2  Requires periodic personal assistance, monitoring or minor intervention | Monthly personal health care assistanceConsultation on a monthly basis with student, teachers, family, agencies or other providersMonthly monitoring of health status, procedures or medicationSpecialized administration of medicationMonthly assistance with agency referrals or coordination  |
| Level 3  Requires weekly personal assistance, monitoring or intervention         | Weekly monitoring or assessment of health status,     procedures or medication     Weekly counseling with student or family for related health care needs     Weekly communication with family, physician, agencies or other health-related personnel     Invasive or specialized administration of medication     Weekly collaboration with family, physicians, agencies or other providers |
| Level 4  | Daily assistance with or monitoring and assessment of health status, procedures or medicationDaily assistance with or monitoring of equipment related to health care needsAdministration of parenteral (non-oral) medicationDaily communication with family, physician, agencies or other health-related personnel   |
| Level 5  | Daily assistance with procedures such as catheterization, suctioning, tube feeding or other school health servicesContinuous monitoring and assistance related to health care needs  |

Domain C Rating:\_\_\_\_\_

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Domain D Rating:\_\_\_\_\_

Matrix of Services Handbook

# <sup>2</sup> Matrix of Services

#### Domain E—Communication

| Level 1 🔲   | Requires no services or assistance beyond that which is normally available to all students  |  |  |  |
|---|---|--|--|--|
| Level 2  Requires periodic assistance or minor interventions  | Monthly assistance with communicationOccasional assistance with personal amplification or communication systemConsultation on a monthly basis with teachers, family, agencies or other providers  |  |  |  |
| Level 3  Requires weekly intervention or assistance, which may include alternative and augmentative communication systems | Weekly intervention or assistance with language or communication     Weekly speech or language therapy or instruction     Weekly assistance with personal amplification or communication system     Weekly supervision of alternative or augmentative communication systems     Weekly collaboration with teachers, family, agencies or other providers |  |  |  |
| Level 4  Requires daily intervention or assistance, which may include alternative and augmentative communication systems  | Daily assistance or instruction with communication equipmentDaily integrated intervention and assistance related to communication needsInstruction in sign language for use as the primary method of communicationInterpreting services for part of the school day  |  |  |  |
| Level 5   | Continuous assistance or instruction with communication equipment Interpreting services for the majority or all of the school day Multiple, continuous interventions to replace ineffective communication and establish appropriate communication   |  |  |  |

| Special Considerations:  |
|--|
| Add 13 points for students eligible for the hospitalized or homebound program who are receiving instruction at home, hospital or other specified settings. |
| Add 13 points for prekindergarten students with a disability who are being served in the home or hospital on a one-to-one basis.                           |
| Add 4 points for students who are deaf and enrolled in an auditory-oral education program beginning with the 2017-18 school year.                          |
| Add 3 points for prekindergarten students earning less than .5 FTE during an FTE survey period.  |
| Add 3 points for students identified as having a visual impairment or a dual<br>sensory impairment.  |
| Add 1 point for students who have a score of exactly 17 total domain rating points and who are rated Level 5 in three of the five domains.                 |
| Add 1 point for students who have a score of exactly 21 total domain rating points and who are rated Level 5 in four of the five domains.                  |
|  |
| Special Considerations Rating:   |

Student Name:

|  | Cost Factor Scale                             |       |                                 |
|--|---|-------|---------------------------------|
| Total of Domain Ratings:  Special Considerations Rating: | <br>Total of<br>Ratings                       |       | Cost<br>Factor                  |
| Total of Ratings:  | 6 - 9<br>10 - 13<br>14 - 17<br>18 - 21<br>22+ | = = = | 251<br>252<br>253<br>254<br>255 |





# **UPLIFT: A Virtual Summit for Students**















| 11  |  |   |   |  |  |   |
|---|--|---|---|--|--|---|
| STRENGTH-BASED  | EXPLORE<br>Their purpose   | IMAGINE<br>Their Best Selves  | RELATIONSHIP SKILLS<br>& SOCIAL AWARENESS   | SELF-MANAGEMENT  | TEAM BUILDING  | HEALTH & WELLNESS   |
| Students identify their strengths and learn how to find strengths in others.                    | Students utilize their strengths to imagine their future selves and ways they can contribute to the world. | Students clarify who they are and how they want to be in the world.   | Students learn engagement strate- gies, listening skills, empathy, and other rapport-building hacks.          | Students learn tools<br>to practice managing<br>their emotions,<br>thoughts, and<br>behaviors in a<br>variety of situations. | Students practice new concepts in small teams to hone their strength-based support skills.         | Students learn about self-care and boundaries.  |
| Research tells us that this activity can increase well-being and reduce symptoms of depression. | Students envision ways to contribute to the world, which helps them feel more respected and empowered.     | Students feel a greater<br>sense of control as<br>they develop a clear<br>vision of their future<br>selves. | Students, equipped with new social skills, can strengthen their relationships and better support their peers. | Students benefit from opportunities to practice self-regulation, especially within the context of providing support.         | Students practice how to be a part of a collaborative team, focusing on growth and helping others. | Students are much better positioned to keep themselves well while helping others and staying healthy. |

|       | THEME   | INSTRUCTION   | SOCIAL EMOTIONAL<br>DEVELOPMENT | ACTIVITIES   |
|-------|---|---|---------------------------------|--|
| DAY I | The Foundation:<br>Vulnerability &<br>Self-Care | MANAGING YOUR PHYSIOLOGICAL STATE SELF-CARE TEAMBUILDING  |                                 | <ul> <li>Reveal Yourself (lg. group)</li> <li>The Zone (sm. teams / lg. group)</li> <li>Self-Care Wheel</li> <li>Coping</li> </ul>   |
| DAY 2 | Living a Purpose<br>Driven Life                 | MISSION & PURPOSE  • Explore purpose  • Know your why  • Create your mission HUMAN OS  • Rapport-building   | Ø B T X                         | <ul><li> Mission Control (sm. teams)</li><li> Story of You (sm. teams)</li><li> Visualization (lg. group)</li></ul>                  |
| DAY 3 | Unlocking Your True<br>Potential                | FUTURE SELF • Clarify Vision • Who am I? • Who do I want to be? HUMAN OS  |                                 | <ul><li>Future Self (sm. teams)</li><li>Human OS Practice (sm.teams)</li></ul>   |
| DAY 4 | Be who you needed /<br>transformation day       | LISTENING LEVELS  • Empathy • Active Listening • Reflective Listening REFRAME NEGATIVE SELF-TALK • Reframing experiences through strength-based thinking BUILDING BLOCKS OF PEER SUPPORT • What is peer support? THE POWER OF SUPPORT & ZONE OF PEER SUPPORT • How to provide peer support? • Boundaries in peer support THE POWER OF THREE |                                 | <ul> <li>Listening Levels Practice (sm. teams)</li> <li>Reframe Scenarios (sm. teams)</li> <li>Power of Three (lg. group)</li> </ul> |
| DAY 5 | Uplifting your peers                            | ENTREPRENEURSHIP SECRET KEEPER AFFECT EMERGENCY SELF-CARE VOLDEMORT (SUICIDE – WHEN TO GET HELP) THE FINAL PLEDGE   |                                 | • Q & A (lg. group)<br>• Emergency Self-Care Plans (sm. teams)   |



VIRTUAL LIVE EVENT FOR 14-19 YEAR OLDS



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