



FOIL - Health Education Rules Update

Florida Department of Education

Penny Taylor

Director, Office of Healthy Schools

11/14/2019





Session Outline

- Provide background and overview of three health education rules
- Learn about two district implementation plans
- Open discussion and Q&A

Division of Educator Quality


Bureau of Educator
Certification
(BEC)

Bureau of Educator
Recruitment,
Development &
Retention (BERDR)

Bureau of
Standards and
Instructional
Support (BSIS)

Just Read, Florida!
(JRF)

Office of
Professional
Practices Services
(PPS)

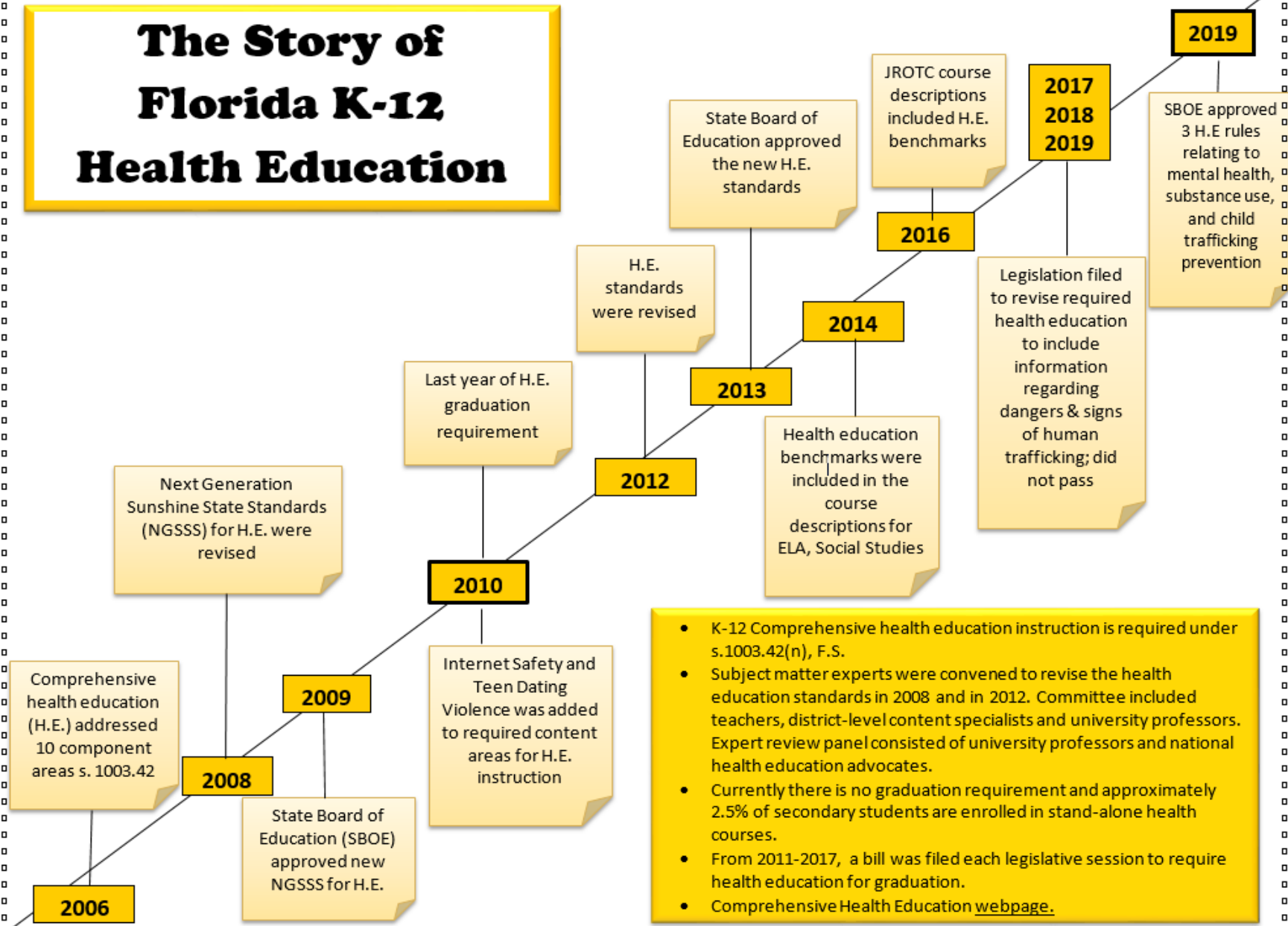


“Every Florida teacher and leader is prepared, developed, supported and supervised by educators who make teaching better.”



*“Every day, in every classroom,
every Florida student has access
to a teacher that is as good as the
BEST teacher you ever had.*

The Story of Florida K-12 Health Education



- K-12 Comprehensive health education instruction is required under s.1003.42(n), F.S.
- Subject matter experts were convened to revise the health education standards in 2008 and in 2012. Committee included teachers, district-level content specialists and university professors. Expert review panel consisted of university professors and national health education advocates.
- Currently there is no graduation requirement and approximately 2.5% of secondary students are enrolled in stand-alone health courses.
- From 2011-2017, a bill was filed each legislative session to require health education for graduation.
- Comprehensive Health Education [webpage](#).



Strengthening Health Education in Florida

2017 Statistics from the Florida Youth Risk Behavior Survey

(YRBS):

- 28% of Florida high school students reported feeling sad or hopeless for two or more weeks in a row
- 14% reported purposely hurting themselves without wanting to die
- 14% reported having seriously considered attempting suicide
- 11% reported having made a plan to commit suicide
- 8% reported a suicide attempt

Strengthening Health Education in Florida

2019 Statistics from the Florida Youth Substance Abuse Survey

- Alcohol (20% HS and 8% MS use)
- Vaping nicotine (17% HS and 6% MS use)
- Marijuana (15% HS and 4% MS use)
- Vaping marijuana (12% HS and 3% MS use)





2019 Overview

Using the health education standards, the State Board of Education (SBOE) approved three [health education rules](#) relating to:

- Mental and Emotional Health Education
- Substance Use and Abuse Health Education
- Child Trafficking Prevention Education

Rule 6A-1.094121, F.A.C., Mental and Emotional Health Education

- Approved by the SBOE on 7/17/2019
- Five hours minimum of required instruction to students in **grades 6 – 12**
- Developmentally appropriate curricula and instruction will be determined by school districts
- FAQs posted and updated as of 9/17
- Required documentation is due by 12/1 and 7/1
- 10 specific mental and emotional health education topics are required

Rule 6A-1.094121, F.A.C., Mental and Emotional Health Education

The 10 topics included in this required instruction are:

- (a) Recognition of signs and symptoms of mental health disorders;
- (b) Prevention of mental health disorders;
- (c) Mental health awareness and assistance;
- (d) How to reduce the stigma around mental health disorders;
- (e) Awareness of resources, including local school and community resources;
- (f) The process for accessing treatment;
- (g) Strategies to develop healthy coping techniques;
- (h) Strategies to support a peer, friend, or family member with a mental health disorder;
- (i) Prevention of suicide; and
- (j) Prevention of the abuse of and addiction to alcohol, nicotine, and drugs.

Rule 6A-1.094122, F.A.C., Substance Use and Abuse Health Education

MTF Press Release:

12/17/18

Increases in adolescent vaping from 2017 to 2018 were the largest ever recorded in the past 43 years for any adolescent substance use outcome in the U.S.

Between 2012 – 2019, electronic vaping increased by 622% among Florida youth ages 11-17 (FYTS, 2019)



Rule 6A-1.094122, F.A.C., Substance Use and Abuse Health Education

- Approved by the SBOE on 8/21/2019
- Required instruction to students in **grades K -12**
- Developmentally appropriate curricula and instruction will be determined by school districts
- Required documentation is due by 12/1 and 7/1

Rule 6A-1.094123, F.A.C., Child Trafficking Prevention Education

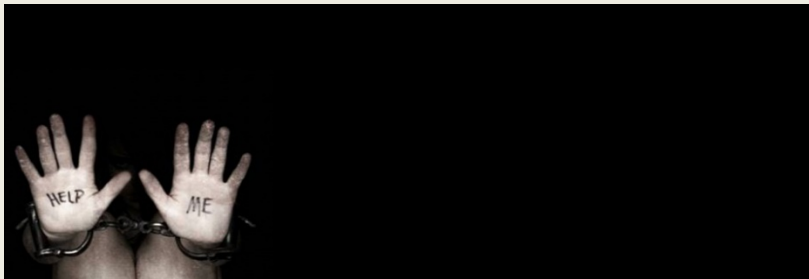
2017 data from the Human Trafficking Institute indicates Florida ranked third in the United State for active criminal human trafficking cases in the federal courts system.



Rule 6A-1.094123, F.A.C., Child Trafficking Prevention Education

In Florida:

- Child trafficking identified as high priority by FDOE
- Concepts included in K-12 comprehensive health education ideal for addressing child trafficking prevention education
- Injury prevention/safety and internet safety most pertinent in which to address child trafficking





Rule 6A-1.094123, F.A.C., Child Trafficking Prevention Education

- Approved by the SBOE on 9/20/2013
- Required instruction to students in **grades K – 12**
- Developmentally appropriate curricula and instruction will be determined by school districts
- Required documentation is due by 12/1 and 7/1
- 5 specific child trafficking prevention topics are required in this rule



Rule 6A-1.094123, F.A.C., Child Trafficking Prevention Education

The 5 topics included in this rule are:

- (a) Recognition of signs of human trafficking;
- (b) Awareness of resources, including national, state and local;
- (c) Prevention of the abuse of and addition to alcohol, nicotine, and drugs;
- (d) Information on the prevalence, nature and strategies to reduce the risk of human trafficking, techniques to set healthy boundaries, and how to safely seek assistance; and
- (e) Information on how social media and mobile device applications are used for human trafficking.

Next Steps

- Implementation plans for each of the 3 instructional rules are due 12/1 (an optional template is on the Healthy Schools webpage).
- Annual reports are due 7/1 (a template is being developed).
- The Office of Healthy Schools will develop a report highlighting the various approaches districts used during year 1 of implementing the 3 health education required instruction rules.

Next Steps



- Online Professional Development:
 - ✓ *A Professional Development Course to Strengthen K-12 Health Education Instruction in Florida (pending approval)*
- 11th Annual Healthy Schools Summer Academy
June 10-11, 2020
 - ✓ *A track of sessions for each rule topic will be featured*



Contacts

To learn more about health education requirements, resources, and other support available in the FDOE Office of Healthy Schools, contact:

Penny Taylor

Director, Office of Healthy Schools

Phone: 850-245-9522

Penny.Taylor@fldoe.org

Nichole Wilder

Assistant Director/Physical Education Coordinator

Phone: 850-245-0813

Nichole.Wilder@fldoe.org

Dr. Tamara Gibson-Alonso

Health Education Coordinator

Phone: 850-245-5056

Tamara.Gibson-Alonso@fldoe.org

Ksena Zipperer

Family Life and Disease Prevention Coordinator

Phone: 850-245-9952

Ksena.Zipperer@fldoe.org

Collaboration for a Collective Impact

Title IV, Part A	Student Support Services	Safe Schools
<p>Michelle L. Gaines Director Phone: 850-245-0978 Michelle.Gaines@fldoe.org</p> <p>Valerie Ellery Specialist, Human Trafficking Education Phone: 850-270-7174 Valerie.Ellery@fldoe.org</p>	<p>Andrew Weatherill Director Phone: 850-245-7840 Andrew.Weatherill@fldoe.org</p>	<p>Brooks Rumenik Director Phone: 850-245-0749 Brooks.Rumenik@fldoe.org</p>

Districts on the Move

Highlighting two implementation plans from:



Dr. Elizabeth Alves

Executive Director, Curriculum & Instruction

Phone: 239-377-0082

ferree1@collierschools.com



Heather Crowley

Director, Health & PE

Phone: 904-390-2315

AlbrittonH@duvalschools.org

Discussion and Q & A

