

## **Executive Summary:**

The Florida-Specific Youth Survey (FSYS) is aligned to required instruction for Health Education, pursuant to section 1003.42(2)(n), Florida Statutes, (2022), including Resiliency Education, Civic and Character Education and Life Skills Education, which will inform enhanced alignment of services, support and instruction to better meet the needs of our students.

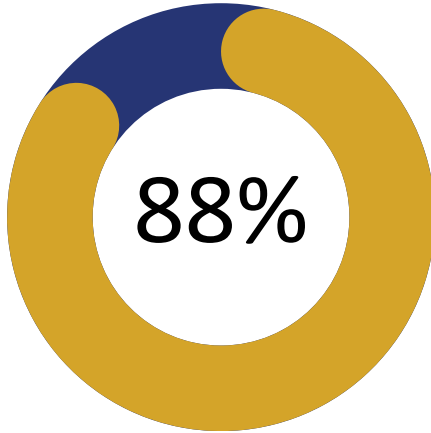
The FSYS has two sections: (a) Resilience and (b) Health Behavior. The Health Behavior Section of the FSYS outlines the data collected from a sample of Florida high school students during spring of the 2022-2023 school year (n = 2,787).

The Health Behavior Section is separated into 10 domains: Injury Prevention and Safety, Internet Safety, Nutrition, Personal Health, Prevention and Control of Disease, Substance Use and Abuse, Child Trafficking Prevention Education, Teen Dating Violence and Abuse, Sexual Abstinence and Resiliency Education.

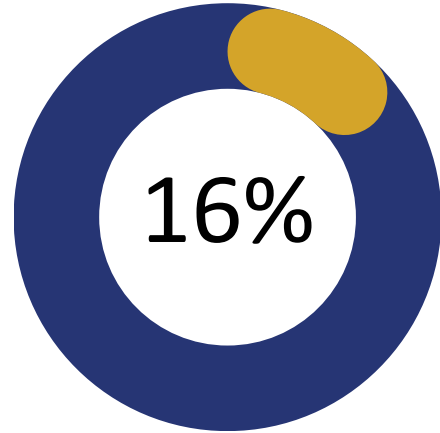


## Injury Prevention and Safety

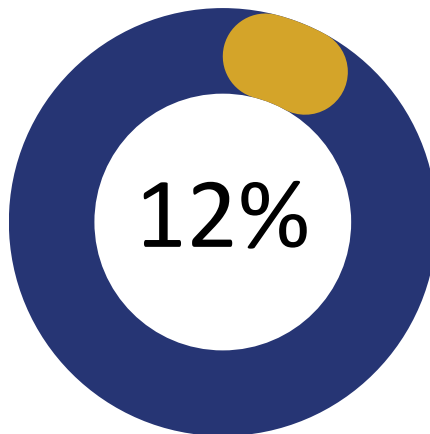
(Section 1003.42(2), Florida Statutes)



of students can  
recognize signs  
of cyber-bullying



of students  
reported being bullied



of students  
reported being  
cyber-bullied



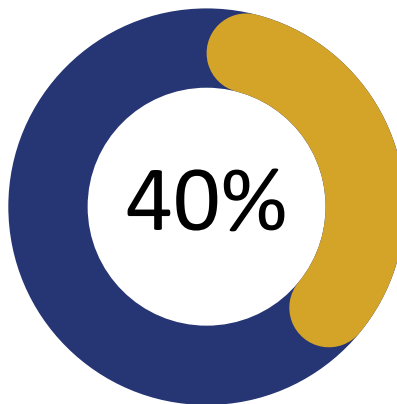
## Injury Prevention and Safety

(Section 1003.42(2), Florida Statutes)

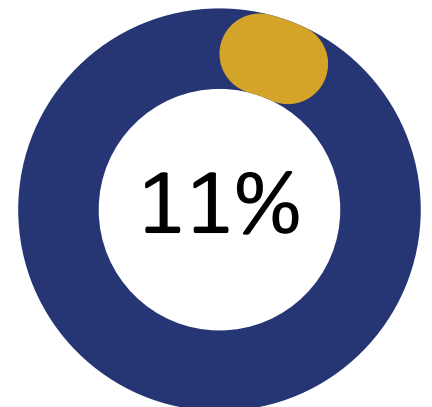


of students **always wear a seat belt**

**During the last  
30 days**



of students  
reported  
**texting while  
driving\***



of students  
reported  
**drinking while  
driving\***

\* Only includes students who indicated driving a car within the last 30 days.

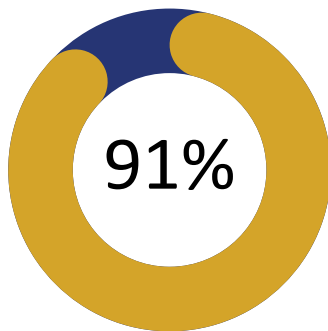


## Internet Safety

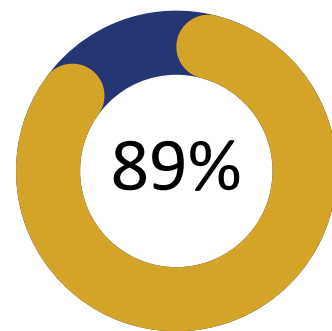
(Section 1003.42(2), Florida Statutes)



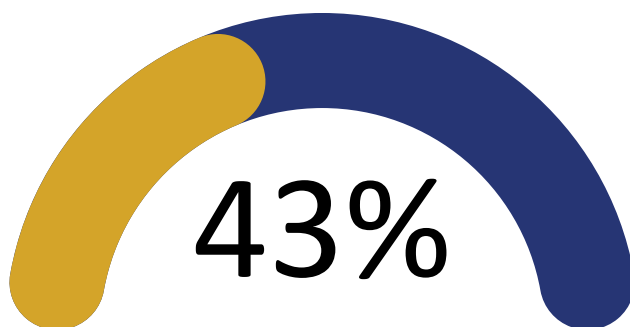
of students **spend 3 or more hours** on an average school day **engaging in screen time**



of students are **aware of the risks** of meeting with someone in person that they have met online



of students can **report** unwanted messages from unknown senders



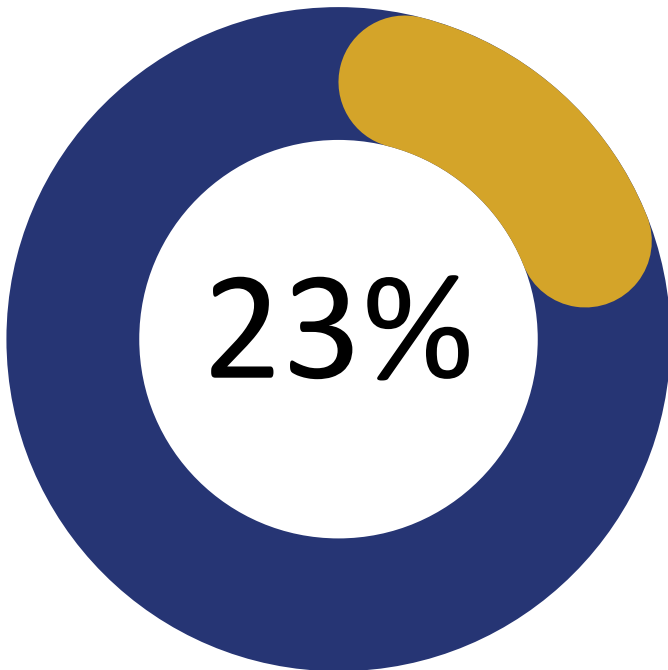
of students **never respond** to messages from unknown senders



## Nutrition

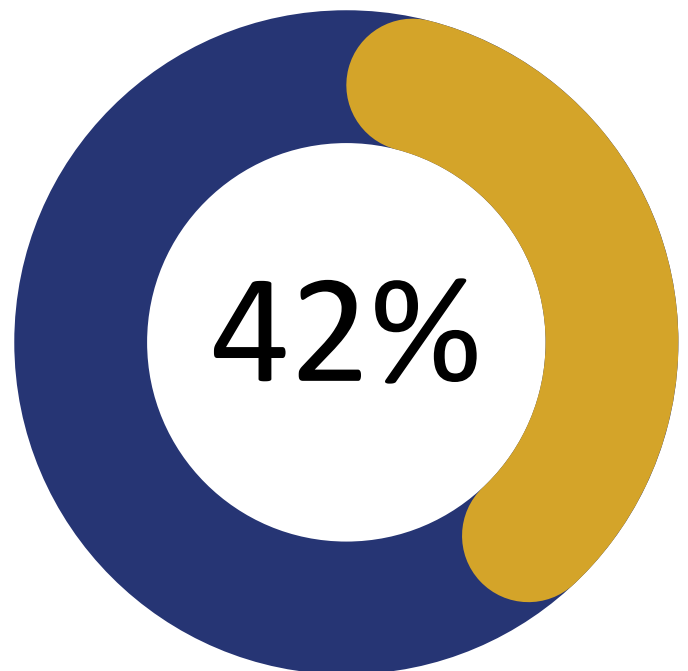
(Section 1003.42(2), Florida Statutes)

**During the last 7 days**



of students  
**almost always  
consumed healthy  
foods**

of students  
**ate breakfast 5 or  
more days**



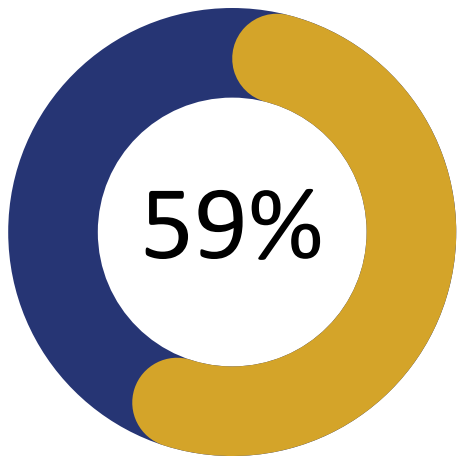


## Personal Health

(Section 1003.42(2), Florida Statutes)

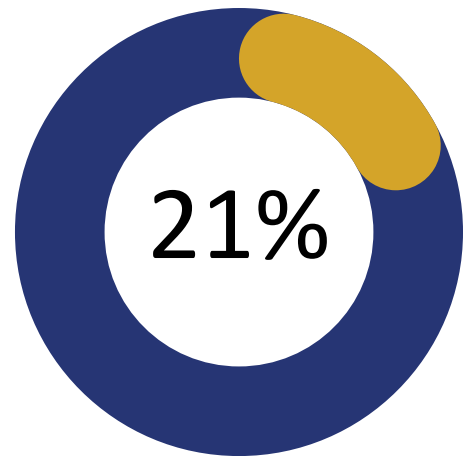


of students visited a dentist  
during the past 12 months



of students  
were physically active\*  
4 or more days  
during the last 7 days

\* for at least 60 minutes per day



of students engaged in  
8 or more hours of sleep  
on an average school night

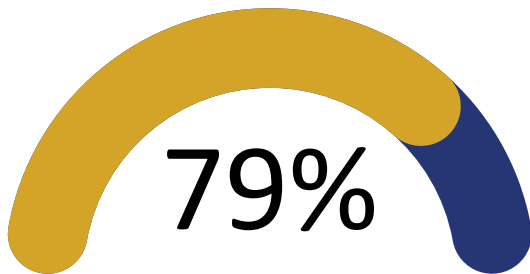


**Prevention and Control of Disease**

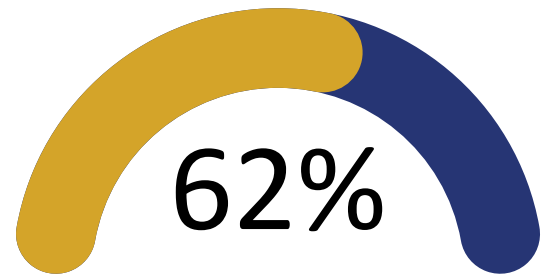
(Section 1003.42(2), Florida Statutes)

The percentage of students  
**aware of the signs and symptoms**  
of the following diseases:

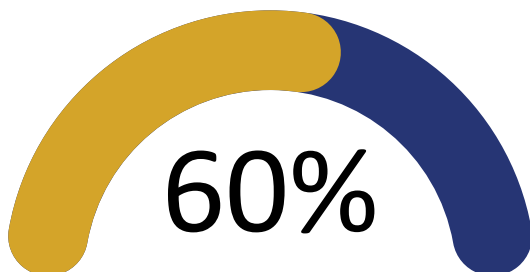
**Obesity**



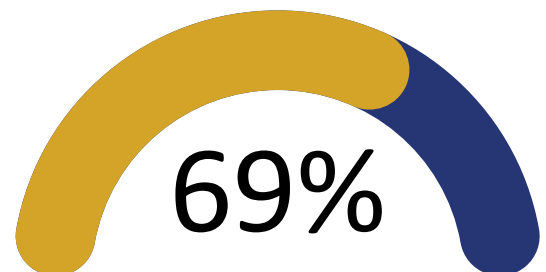
**Lung Disease**



**Heart Disease**



**Sexually Transmitted  
Infections (STIs)**

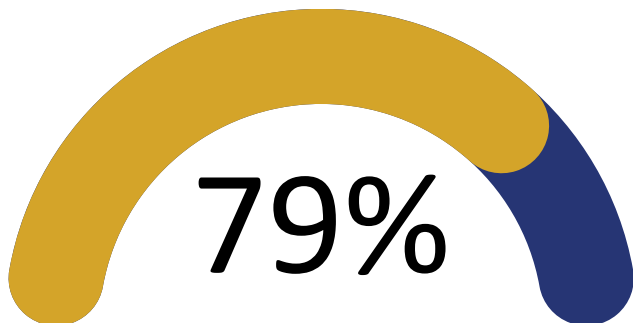
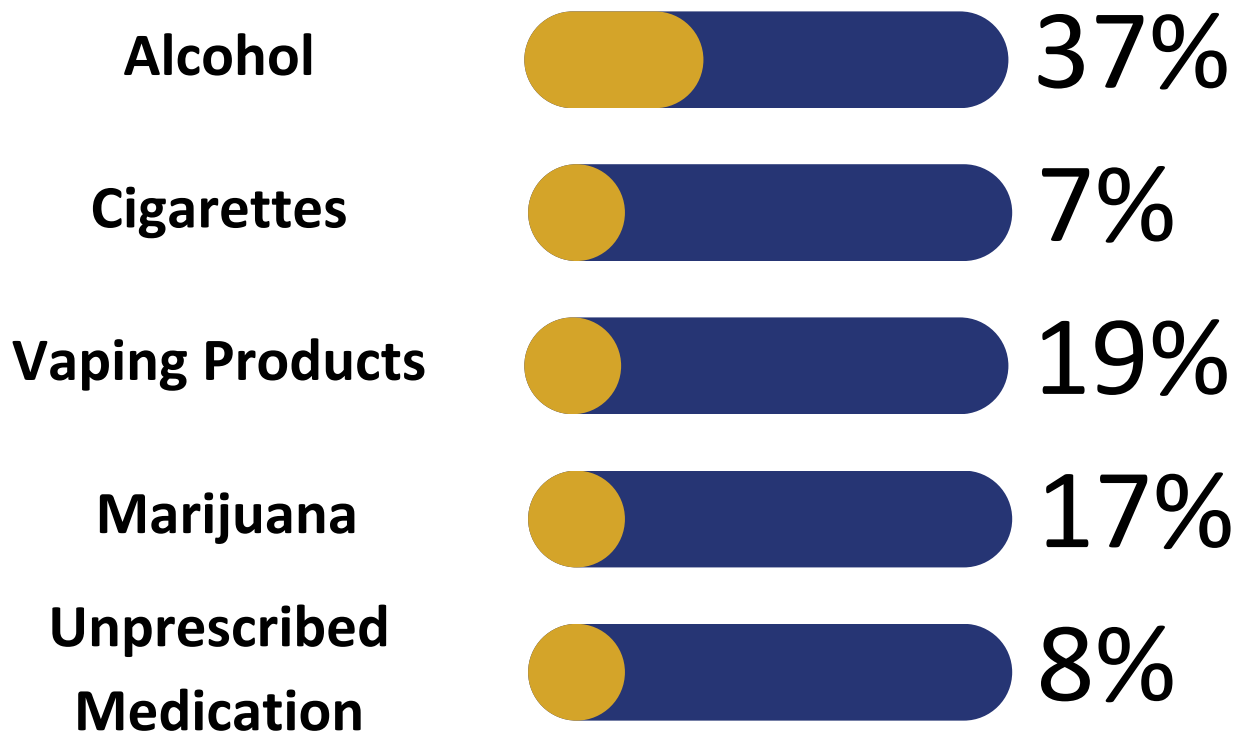




## Substance Use and Abuse

(Section 1003.42(2), Florida Statutes)

The percentage of students who **have ever consumed the following substances:**



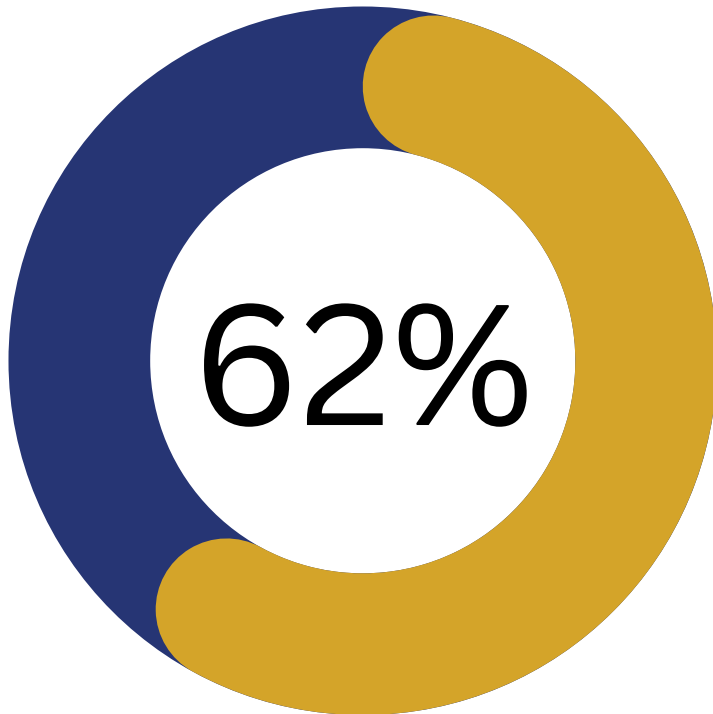
of students are **aware of the supports and resources** available to them if they had a problem with substance use or abuse





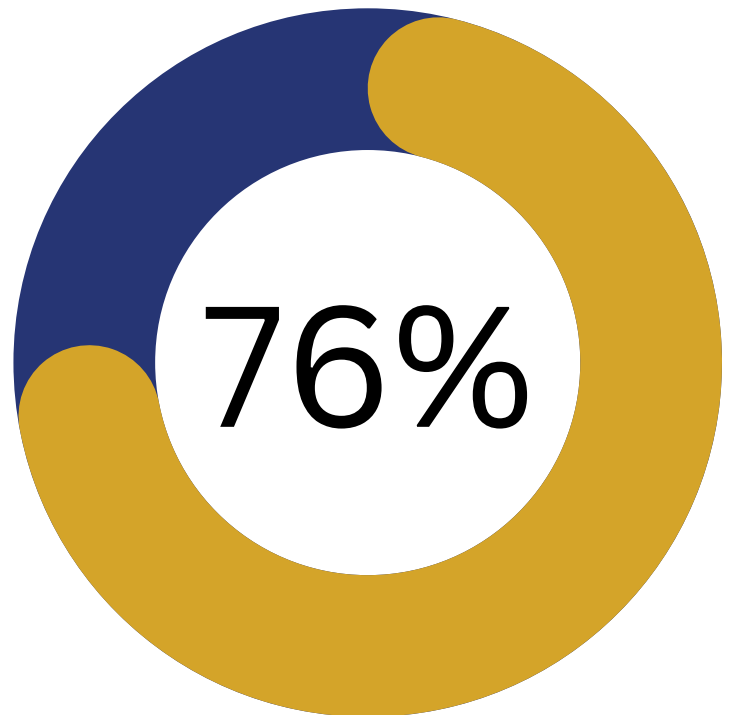
## Child Trafficking Prevention Education

(Section 1003.42(2), Florida Statutes)



of students can  
**recognize** the signs of  
human trafficking

of students can  
**report** the signs of  
human trafficking





## Teen Dating Violence and Abuse

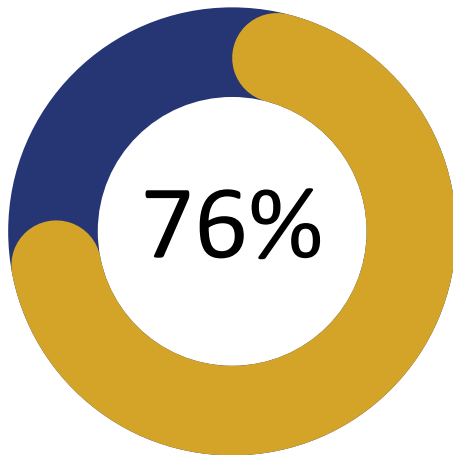
---

(Section 1003.42(2), Florida Statutes)

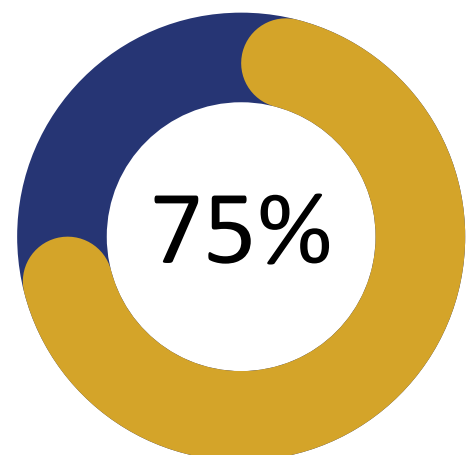


of students **have been a victim** of teen dating violence and/or abuse

---



of students can **recognize** teen dating violence and/or abuse



of students can **report** teen dating violence and/or abuse

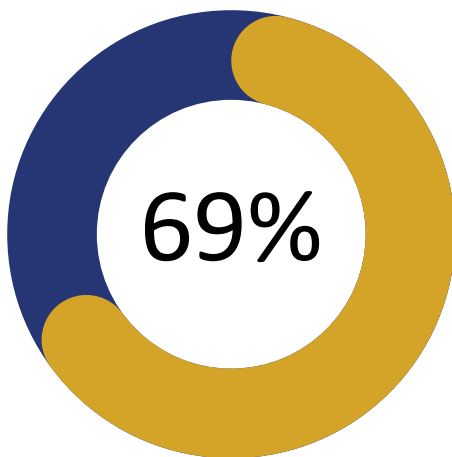


## Sexual Abstinence

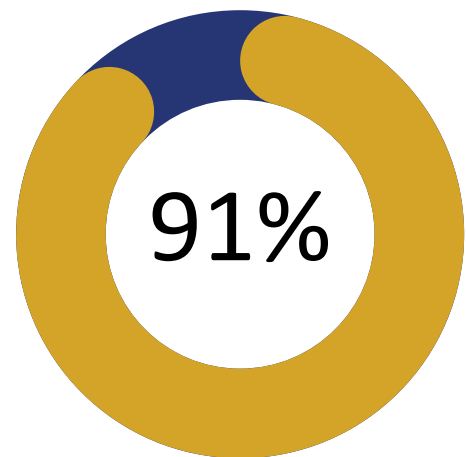
(Section 1003.42(2), Florida Statutes)



of students **have engaged** in sexual intercourse



of students are  
**aware of the benefits**  
of abstinence from sexual activity



of students are  
**aware of the consequences**  
of teen pregnancy



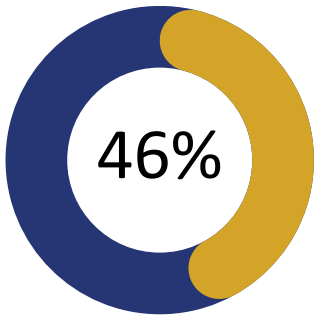
## Resiliency Education

(Section 1003.42(2), Florida Statutes)

During the current school year

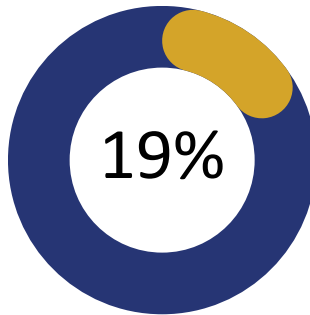


of students **almost always** felt the  
**symptoms of stress, anxiety or depression**

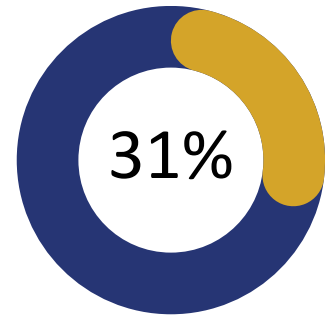


of students had **feelings of sadness, hopelessness, loneliness, nervousness, worry, or being afraid** that stopped them from doing some usual activities\*

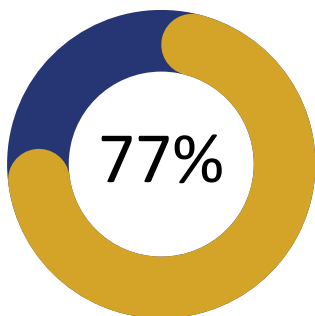
\* Graph only includes students who indicated some level of symptoms of stress, anxiety or depression.



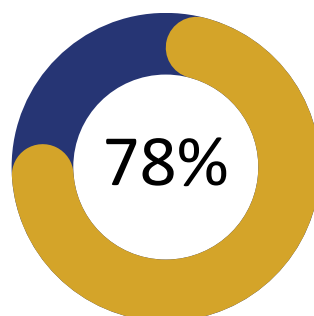
of students **seriously considered harming themselves**



of students **sought out support or resources** when they had a mental health challenge or concern



of students have a **trusted adult** in their life to turn to for support/advice



of students are **aware of resources** if they had a mental health challenge or concern